

Product Ingredient Listing Report

Manufacturer: Mario's Pastizzi

Product: **Apple Pastizzi**

Size: 600g

Ingredients List

Flour [**Wheat Flour**, Thiamine, Folic Acid], Apple (25%) [Apple, Citric Acid], Water, Vegetable Based **Margarine** [Vegetable Oils and Vegetable Based Fats, Water, Salt, Emulsifier (322 (**Soy** Derived), 471), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (306 (**Soy**)), Thickener (1422), Sugar, Spice

Allergen Listing:

"This product contains the following allergens:

Gluten, Soy

May contain Traces: Nuts, Egg, Dairy

Barcode Number:



NUTRITION INFORMATION

Servings per package: 12

Serving size: 50g (approx)

	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE* PER SERVING	AVERAGE QUANTITY PER 100G
Energy	590 kJ (141 Cal)	7%	1180 kJ (282 Cal)
Protein	2.8 g	6%	5.5 g
Fat, Total	5.9 g	8%	11.7 g
- saturated	3.1 g	13%	6.2 g
- trans	LESS THAN 0.1 g		LESS THAN 0.1 g
- polyunsaturated	1.6 g		1.1 g
- monounsaturated	2.2 g		4.4 g
Carbohydrate	18.7 g	6%	37.4 g
- sugars	4.2 g	5%	8.4 g
Dietary Fibre, Total	1.2 g	4%	2.4 g
Sodium	200 mg	9%	400 mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.